

# Frosty 5K Nashville, IN January 19, 2019

## Overall Results

| Overall Place | Time    | Name                 | Age | Gender | Event Finish | Age Group          | Age Group Finish | Pace Per Mile |
|---------------|---------|----------------------|-----|--------|--------------|--------------------|------------------|---------------|
| 1             | 20:32.5 | Harden, Mike         | 40  | M      | 5K Run M-1   | 5K Run M40-49      | Male 1st         | 6:36          |
| 2             | 20:35.9 | Wisler, Ben          | 33  | M      | 5K Run M-2   | 5K Run M30-39      | 1                | 6:37          |
| 3             | 21:23.3 | McAllister, Ronnie   | 53  | M      | 5K Run M-3   | 5K Run M50-59      | 1                | 6:53          |
| 4             | 22:07.3 | Edwards, Michael     | 37  | M      | 5K Run M-4   | 5K Run M30-39      | 2                | 7:07          |
| 5             | 24:51.6 | Smith, Jeffrey       | 63  | M      | 5K Run M-5   | 5K Run M60-69      | 1                | 8:00          |
| 6             | 25:19.0 | Barton, Ian          | 29  | M      | 5K Run M-6   | 5K Run M20-29      | 1                | 8:08          |
| 7             | 25:31.6 | Spence, Autumn       | 16  | F      | 5K Run F-1   | 5K Run F13-19      | Female 1st       | 8:12          |
| 8             | 25:46.3 | Tanksley, Grace      | 15  | F      | 5K Run F-2   | 5K Run F13-19      | 1                | 8:17          |
| 9             | 25:51.5 | Wisler, Claire       | 14  | F      | 5K Run F-3   | 5K Run F13-19      | 2                | 8:19          |
| 10            | 26:22.8 | Nordhoff, Andrea     | 38  | F      | 5K Run F-4   | 5K Run F30-39      | 1                | 8:29          |
| 11            | 27:21.5 | Fiddler, Staci       | 48  | F      | 5K Run F-5   | 5K Run F40-49      | 1                | 8:48          |
| 12            | 28:34.2 | Beavers, Kelly       | 10  | F      | 5K Run F-6   | 5K Run F12 & Under | 1                | 9:11          |
| 13            | 29:09.7 | Wisler, Lana         | 11  | F      | 5K Run F-7   | 5K Run F12 & Under | 2                | 9:23          |
| 14            | 29:32.8 | Thompson, Melene     | 26  | F      | 5K Run F-8   | 5K Run F20-29      | 1                | 9:30          |
| 15            | 29:49.6 | Akerson, Wayne       | 56  | M      | 5K Run M-7   | 5K Run M50-59      | 2                | 9:36          |
| 16            | 29:54.3 | Murakami, Jack       | 42  | M      | 5K Run M-8   | 5K Run M40-49      | 1                | 9:37          |
| 17            | 30:43.7 | Strange, Samuel      | 69  | M      | 5K Run M-9   | 5K Run M60-69      | 2                | 9:53          |
| 18            | 30:48.2 | Amonette, Neo        | 18  | M      | 5K Run M-10  | 5K Run M13-19      | 1                | 9:54          |
| 19            | 30:50.4 | Hehmann, Eric        | 43  | M      | 5K Run M-11  | 5K Run M40-49      | 2                | 9:55          |
| 20            | 30:53.9 | Kremer, Tim          | 35  | M      | 5K Run M-12  | 5K Run M30-39      | 3                | 9:56          |
| 21            | 30:54.6 | Bishop, Donna        | 50  | F      | 5K Run F-9   | 5K Run F50-59      | 1                | 9:56          |
| 22            | 30:55.6 | Epperson, Alyisa     | 22  | F      | 5K Run F-10  | 5K Run F20-29      | 2                | 9:57          |
| 23            | 31:55.7 | Sanchez-Grande, Beat | 30  | F      | 5K Run F-11  | 5K Run F30-39      | 2                | 10:16         |
| 24            | 32:49.5 | Sackman, Matt        | 41  | M      | 5K Run M-13  | 5K Run M40-49      | 3                | 10:33         |
| 25            | 33:09.6 | Holsclaw, Kenny      | 70  | M      | 5K Run M-14  | 5K Run M70 & Over  | 1                | 10:40         |
| 26            | 34:29.6 | Garrett, Keagan      | 22  | M      | 5K Run M-15  | 5K Run M20-29      | 2                | 11:06         |
| 27            | 35:07.7 | Wisler, Madeleine    | 17  | F      | 5K Run F-12  | 5K Run F13-19      | 3                | 11:18         |
| 28            | 36:25.4 | Peterson, Meredith   | 49  | F      | 5K Run F-13  | 5K Run F40-49      | 2                | 11:43         |
| 29            | 36:26.7 | Leach, Dan           | 61  | M      | 5K Walk M-1  | 5K Walk M60-69     | Male 1st         | 11:43         |
| 30            | 36:38.8 | Bless, Laura         | 49  | F      | 5K Run F-14  | 5K Run F40-49      | 3                | 11:47         |
| 31            | 36:40.2 | Peters, Cindy        | 53  | F      | 5K Run F-15  | 5K Run F50-59      | 2                | 11:48         |
| 32            | 37:05.5 | Poisson, Abbie       | 37  | F      | 5K Run F-16  | 5K Run F30-39      | 3                | 11:56         |
| 33            | 37:30.4 | Onyeziri, Maureen    | 29  | F      | 5K Run F-17  | 5K Run F20-29      | 3                | 12:04         |
| 34            | 37:57.2 | Sanchez, Sandra      | 43  | F      | 5K Run F-18  | 5K Run F40-49      | 4                | 12:12         |
| 35            | 39:06.5 | Coffey, Jennifer     | 38  | F      | 5K Run F-19  | 5K Run F30-39      | 4                | 12:35         |
| 36            | 39:06.8 | Coffey, Noah         | 38  | M      | 5K Run M-16  | 5K Run M30-39      | 4                | 12:35         |
| 37            | 40:12.2 | Akerson, Valarie     | 59  | F      | 5K Run F-20  | 5K Run F50-59      | 3                | 12:56         |
| 38            | 40:37.8 | Bacon, Kathryn       | 54  | F      | 5K Run F-21  | 5K Run F50-59      | 4                | 13:04         |
| 39            | 41:11.8 | Pilote, Lora         | 55  | F      | 5K Run F-22  | 5K Run F50-59      | 5                | 13:15         |
| 40            | 46:43.8 | Amonette, Laura      | 38  | F      | 5K Run F-23  | 5K Run F30-39      | 5                | 15:02         |
| 41            | 47:24.2 | Bacon, Michael       | 55  | M      | 5K Walk M-2  | 5K Walk M50-59     | 1                | 15:15         |
| 42            | 47:33.8 | Starr, Lisa          | 28  | F      | 5K Run F-24  | 5K Run F20-29      | 4                | 15:18         |
| 43            | 48:51.0 | McCane, Kim          | 51  | F      | 5K Walk F-1  | 5K Walk F50-59     | Female 1st       | 15:43         |
| 44            | 48:51.4 | McCane, Marion       | 46  | M      | 5K Walk M-3  | 5K Walk M40-49     | 1                | 15:43         |
| 45            | 50:08.2 | Starr, Joy           | 61  | F      | 5K Run F-25  | 5K Run F60-69      | 1                | 16:08         |
| 46            | 50:41.7 | Conley, Jessica      | 36  | F      | 5K Walk F-2  | 5K Walk F30-39     | 1                | 16:19         |

**Frosty 5K**  
**Nashville, IN**  
**January 19, 2019**

**Overall Results**

| Overall Place | Time    | Name               | Age | Gender | Event Finish | Age Group          | Age Group Finish | Pace Per Mile |
|---------------|---------|--------------------|-----|--------|--------------|--------------------|------------------|---------------|
| 47            | 50:42.1 | Hittle, Nicole     | 34  | F      | 5K Walk F-3  | 5K Walk F30-39     | 2                | 16:19         |
| 48            | 51:10.6 | Murakami, Laura    | 31  | F      | 5K Run F-26  | 5K Run F30-39      | 6                | 16:28         |
| 49            | 52:52.7 | Graf, Steve        | 75  | M      | 5K Walk M-4  | 5K Walk M70 & Over | 1                | 17:01         |
| 50            | 54:53.9 | St Clair, Doreen   | 79  | F      | 5K Walk F-4  | 5K Walk F70 & Over | 1                | 17:40         |
| 51            | 55:33.3 | Phillips, Michael  | 40  | M      | 5K Walk M-5  | 5K Walk M40-49     | 2                | 17:52         |
| 52            | 55:34.3 | Phillips, Danielle | 32  | F      | 5K Walk F-5  | 5K Walk F30-39     | 3                | 17:53         |
| 53            | 56:09.6 | Woodruff, Mike     | 29  | M      | 5K Walk M-6  | 5K Walk M20-29     | 1                | 18:04         |
| 54            | 56:10.1 | Dake, Victoria     | 34  | F      | 5K Walk F-6  | 5K Walk F30-39     | 4                | 18:04         |