

Frosty 5 Mile Nashville, IN January 19, 2019

Overall Results

Overall Place	Time	Name	Age	Gender	Event Finish	Age Group	Age Group Finish	Pace Per Mile
1	43:06.7	Vance, Jill	38	F	Trail F-1	Trail F30-39	Female 1st	7:50
2	44:51.7	Watts, Garrett	18	M	Trail M-1	Trail M13-19	Male 1st	8:09
3	45:43.7	Watts, Jackson	16	M	Trail M-2	Trail M13-19	1	8:18
4	45:47.9	Bell, Joseph	38	M	Trail M-3	Trail M30-39	1	8:19
5	49:18.4	Steinbrunner, Nathan	26	M	Trail M-4	Trail M20-29	1	8:57
6	49:21.0	Bosecker, Jacob	32	M	Trail M-5	Trail M30-39	2	8:58
7	51:09.1	Long, Corey	48	M	Trail M-6	Trail M40-49	1	9:18
8	51:23.4	Parmerlee, Andrew	34	M	Trail M-7	Trail M30-39	3	9:20
9	52:37.9	Wappes, Joshua	29	M	Trail M-8	Trail M20-29	2	9:34
10	52:38.2	Wappes, Abigail	28	F	Trail F-2	Trail F20-29	1	9:34
11	54:27.5	Jourdan, Matthew	48	M	Trail M-9	Trail M40-49	2	9:54
12	54:31.1	Hall, Benjamin	30	M	Trail M-10	Trail M30-39	4	9:54
13	55:24.5	Burns, Robert	61	M	Trail M-11	Trail M60-69	1	10:04
14	56:16.7	Noiro, Rachel	36	F	Trail F-3	Trail F30-39	1	10:13
15	57:22.3	Plouffe, Dylan	15	M	Trail M-12	Trail M13-19	2	10:25
16	58:02.8	Bowman, Pete	54	M	Trail M-13	Trail M50-59	1	10:33
17	59:18.3	Henderson, Kylee	21	F	Trail F-4	Trail F20-29	2	10:46
18	59:51.2	Watts, Michael	55	M	Trail M-14	Trail M50-59	2	10:52
19	60:23.1	Hehmann, Melissa	42	F	Trail F-5	Trail F40-49	1	10:58
20	61:38.2	Bontrager, Paul	14	M	Trail M-15	Trail M13-19	3	11:12
21	62:18.6	Dalheim, Thomas	54	M	Trail M-16	Trail M50-59	3	11:19
22	62:36.9	Martinez, Amy	40	F	Trail F-6	Trail F40-49	2	11:23
23	62:52.1	Stevens, Matthew	46	M	Trail M-17	Trail M40-49	3	11:25
24	63:25.7	Montgomery, Elijah	35	M	Trail M-18	Trail M30-39	5	11:31
25	64:03.4	Randall, Susan	53	F	Trail F-7	Trail F50-59	1	11:38
26	65:48.1	Gregg, Chelsea	28	F	Trail F-8	Trail F20-29	3	11:57
27	66:02.1	Dickerson, David	46	M	Trail M-19	Trail M40-49	4	12:00
28	68:16.2	Wilson, Bob	57	M	Trail M-20	Trail M50-59	4	12:24
29	68:19.6	Long, Darrin	51	M	Trail M-21	Trail M50-59	5	12:25
30	68:32.8	Voightschild, Amber	15	F	Trail F-9	Trail F13-19	1	12:27
31	68:36.5	Singer, Leah	43	F	Trail F-10	Trail F40-49	3	12:28
32	68:37.0	Murray, Emily	33	F	Trail F-11	Trail F30-39	2	12:28
33	69:16.4	Gill, Rodney	32	M	Trail M-22	Trail M30-39	6	12:35
34	69:54.7	Martinez, Jorge	40	M	Trail M-23	Trail M40-49	5	12:42
35	76:06.5	Cassidy, Colin	38	M	Trail M-24	Trail M30-39	7	13:50
36	76:46.3	Beam, Scott	38	M	Trail M-25	Trail M30-39	8	13:57
37	76:56.9	Gutierrez, Meghan	35	F	Trail F-12	Trail F30-39	3	13:59
38	77:09.1	Rhodes, Christy	47	F	Trail F-13	Trail F40-49	4	14:01
39	77:10.7	Monroe, Brock	43	M	Trail M-26	Trail M40-49	6	14:01
40	77:36.6	Cassidy, Jessica	38	F	Trail F-14	Trail F30-39	4	14:06
41	78:06.2	Hughes, Robyn	56	F	Trail F-15	Trail F50-59	2	14:12
42	79:36.6	Ward, Glenn	48	M	Trail M-27	Trail M40-49	7	14:28
43	80:08.2	Dixon, Chris	48	M	Trail M-28	Trail M40-49	8	14:34
44	80:56.3	Mullins, Jacob	25	M	Trail M-29	Trail M20-29	3	14:42

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45	82:54.8	Graves, Kellie	29	F	Trail F-16	Trail F20-29	4	15:04
46	83:58.6	Rastrelli, Steve	49	M	Trail M-30	Trail M40-49	9	15:16
47	88:19.5	Geyer, Blake	43	M	Trail M-31	Trail M40-49	10	16:03
48	88:51.0	Hawk, Micheal	54	M	Trail M-32	Trail M50-59	6	16:09
49	88:51.4	Hawk, Mary	54	F	Trail F-17	Trail F50-59	3	16:09
50	88:59.4	Bardsley, Todd	56	M	Trail M-33	Trail M50-59	7	16:10
51	89:19.0	Sheehan, Jennifer	45	F	Trail F-18	Trail F40-49	5	16:14
52	89:57.5	Coles, Nadine	56	F	Trail F-19	Trail F50-59	4	16:21
53	90:10.7	Hundley, Lyle	38	M	Trail M-34	Trail M30-39	9	16:23
54	90:26.2	Llaguno, Israel	30	M	Trail M-35	Trail M30-39	10	16:26
55	91:42.7	Trueblood, Doug	69	M	Trail M-36	Trail M60-69	2	16:40
56	91:52.9	Dalheim, Traci	49	F	Trail F-20	Trail F40-49	6	16:42
57	92:21.6	Stafford, Andy	61	M	Trail M-37	Trail M60-69	3	16:47
58	93:09.7	Graves, Betsy	60	F	Trail F-21	Trail F60-69	1	16:56
59	94:02.5	Tieman, Shaun	34	M	Trail M-38	Trail M30-39	11	17:05
60	94:04.4	Helgemo, Scott	49	M	Trail M-39	Trail M40-49	11	17:06
61	94:09.7	Weber, Jeff	55	M	Trail M-40	Trail M50-59	8	17:07
62	94:37.2	Zappa, Sebastien	43	M	Trail M-41	Trail M40-49	12	17:12
63	94:37.8	Berne, Cecile	42	F	Trail F-22	Trail F40-49	7	17:12
64	95:43.2	Parmerlee, Krystal	33	F	Trail F-23	Trail F30-39	5	17:24
65	99:21.8	Clason, Justin	39	M	Trail M-42	Trail M30-39	12	18:03
66	1:00:18.3	Henry, John	29	M	Trail M-43	Trail M20-29	4	0:03