

# The Grind 5K

## Salem, IN

### October 13, 2018

## Overall Results

Overall Place	Time	Name	Age	Gender	Event Finish	Age Group	Age Group Finish	Pace Per Mile
1	18:41.2	Bell, Joseph	37	M	Run M-1	Run M35-39	Male 1st	6:00
2	20:18.7	Bush, Travis	26	M	Run M-2	Run M25-29	1	6:32
3	21:17.5	Wisler, Ben	32	M	Run M-3	Run M30-34	1	6:51
4	21:49.2	Stevens, Eric	45	M	Run M-4	Run M45-49	1	7:01
5	21:56.7	Edwards, Michael	37	M	Run M-5	Run M35-39	1	7:03
6	22:31.2	Noirot, Rachel	36	F	Run F-1	Run F35-39	Female 1st	7:14
7	23:47.0	Rahschulte, Madison	13	F	Run F-2	Run F14 & Under	1	7:39
8	24:02.6	Lindsey, Sarah	23	F	Run F-3	Run F20-24	1	7:44
9	24:14.1	Hawkins, John	59	M	Run M-6	Run M55-59	1	7:48
10	24:16.4	Himmelspach, Jordan	31	M	Run M-7	Run M30-34	2	7:48
11	24:27.8	Powell, Jason	48	M	Run M-8	Run M45-49	2	7:52
12	24:50.4	Nordhoff, Andrea	38	F	Run F-4	Run F35-39	1	7:59
13	25:26.4	Smith, Otha	44	M	Run M-9	Run M40-44	1	8:11
14	25:32.9	Meisenheimer, Calvin	57	M	Run M-10	Run M55-59	2	8:13
15	26:39.7	Page, James	68	M	Run M-11	Run M60 & Over	1	8:34
16	27:51.5	Stevens, Ariana	44	F	Run F-5	Run F40-44	1	8:58
17	28:28.9	Meisberger, Don	71	M	Run M-12	Run M60 & Over	2	9:10
18	29:17.0	Spurgeon, Joyce	44	F	Run F-6	Run F40-44	2	9:25
19	29:17.4	Spurgeon, Todd	44	M	Run M-13	Run M40-44	2	9:25
20	29:21.8	Wisler, Claire	13	F	Run F-7	Run F14 & Under	2	9:27
21	29:51.1	Hargrove, John	54	M	Run M-14	Run M50-54	1	9:36
22	30:04.4	Chamberlain, Pip	55	M	Run M-15	Run M55-59	3	9:40
23	30:16.6	Cauble, Kevin	53	M	Run M-16	Run M50-54	2	9:44
24	30:27.2	Cauble, Kayla	16	F	Run F-8	Run F15-19	1	9:48
25	31:06.6	Strange, Sam	69	M	Run M-17	Run M60 & Over	3	10:00
26	31:24.3	Edwards, Jessica	33	F	Run F-9	Run F30-34	1	10:06
27	31:36.1	Alcorn, Heather	40	F	Run F-10	Run F40-44	3	10:10
28	31:52.0	Hundley, Lyle	38	M	Run M-18	Run M35-39	2	10:15
29	32:35.8	Lucas, Richard	73	M	Run M-19	Run M60 & Over	4	10:29
30	34:50.1	Leach, Dan	61	M	Walk M-1	Walk M60 & Over	Male 1st	11:12
31	34:51.9	Wisler, Madeleine	17	F	Run F-11	Run F15-19	2	11:13
32	35:26.7	Himmelspach, Roslyn	6	F	Run F-12	Run F14 & Under	3	11:24
33	35:41.6	Rahschulte, Ethan	10	M	Run M-20	Run M14 & Under	1	11:29
34	35:42.1	Rahschulte, Scott	45	M	Run M-21	Run M45-49	3	11:29
35	35:51.2	Wood, Tim	46	M	Run M-22	Run M45-49	4	11:32
36	36:35.5	Scherer, Rick	56	M	Run M-23	Run M55-59	4	11:46
37	37:26.1	Leffler, Barb	53	F	Run F-13	Run F50-54	1	12:02
38	37:46.0	Williams, Sharon	54	F	Run F-14	Run F50-54	2	12:09
39	40:10.5	Alle, Joanne	69	F	Walk F-1	Walk F60 & Over	Female 1st	12:55
40	40:25.8	Fiddler, Staci	48	F	Run F-15	Run F45-49	1	13:00
41	40:48.1	Gross, Jim	79	M	Walk M-2	Walk M60 & Over	1	13:07
42	40:49.8	Buzzard, Kenneth	55	M	Walk M-3	Walk M55-59	1	13:08
43	40:54.9	Huff, Bonnie	60	F	Run F-16	Run F60 & Over	1	13:10
44	43:33.5	Mefford, Julie	54	F	Walk F-2	Walk F50-54	1	14:01

**The Grind 5K**  
**Salem, IN**  
**October 13, 2018**

**Overall Results**

Overall Place	Time	Name	Age	Gender	Event Finish	Age Group	Age Group Finish	Pace Per Mile
45	43:34.3	Milligan, Richard	51	M	Walk M-4	Walk M50-54	1	14:01
46	46:01.8	Clark, Charlene	61	F	Walk F-3	Walk F60 & Over	1	14:48
47	46:04.2	Miller, Martie	49	F	Walk F-4	Walk F45-49	1	14:49
48	52:45.1	Milligan, Zack	24	M	Walk M-5	Walk M20-24	1	16:58
49	53:14.5	Milligan, Michelle	50	F	Walk F-5	Walk F50-54	2	17:08
50	58:41.6	Stephenson, Kyra	44	F	Walk F-6	Walk F40-44	1	18:53
51	58:42.1	Green, Mary	47	F	Walk F-7	Walk F45-49	2	18:53
52	58:42.6	Stephenson, Haylea	21	F	Walk F-8	Walk F20-24	1	18:53
53	63:58.0	Owsley, Tracy	48	F	Walk F-9	Walk F45-49	3	20:35
54	63:59.3	Chastain, Carrie	47	F	Walk F-10	Walk F45-49	4	20:35
55	64:00.0	Salkeld, Tricia	48	F	Walk F-11	Walk F45-49	5	20:35