

# Dash for a Heart 5K

## Nashville, IN

### February 8, 2015

## Overall Results

Overall Place	Time	Name	Age	Gender	Event Finish	Age Group	Age Group Finish	Pace Per Mile
1	18:30.8	Inman, Luke	26	M	Run M-1	Run M20-29	Male 1st	5:57
2	19:16.9	Knackmuhs, Eric	34	M	Run M-2	Run M30-39	1	6:12
3	19:38.2	Wyman, Wyatt	15	M	Run M-3	Run M15-19	1	6:19
4	19:46.8	Wisler, Ben	29	M	Run M-4	Run M20-29	1	6:21
5	19:57.2	Seward, Eli	14	M	Run M-5	Run M12-14	1	6:25
6	20:17.5	Steele, Dwayne	37	M	Run M-6	Run M30-39	2	6:31
7	20:37.7	Sluys Jr., John	13	M	Run M-7	Run M12-14	2	6:38
8	21:05.1	Jackson, Chris	50	M	Run M-8	Run M50-59	1	6:47
9	21:19.9	Kenney, Pdraic	51	M	Run M-9	Run M50-59	2	6:51
10	21:26.0	Herr, David	55	M	Run M-10	Run M50-59	3	6:53
11	21:28.8	Gamez, Cesar	54	M	Run M-11	Run M50-59	4	6:54
12	22:13.8	Branigin, John	47	M	Run M-12	Run M40-49	1	7:09
13	22:42.2	Smith, Jess	47	M	Run M-13	Run M40-49	2	7:18
14	22:51.8	Leffler, Jarred	23	M	Run M-14	Run M20-29	2	7:21
15	22:53.8	Leveridge, Bill	59	M	Run M-15	Run M50-59	5	7:22
16	23:50.2	Ball, Kyomi	13	F	Run F-1	Run F12-14	Female 1st	7:40
17	24:05.5	Ward, Blake	30	M	Run M-16	Run M30-39	3	7:45
18	24:09.4	Lair, Kevin	48	M	Run M-17	Run M40-49	3	7:46
19	24:23.7	Brummett, Paige	12	F	Run F-2	Run F12-14	1	7:51
20	24:30.3	Gordon, Jim	53	M	Run M-18	Run M50-59	6	7:53
21	25:05.4	Scott, Tom	53	M	Run M-19	Run M50-59	7	8:04
22	25:20.7	Kinney, Daniel	30	M	Run M-20	Run M30-39	4	8:09
23	25:21.9	Spearing, Nathan	31	M	Run M-21	Run M30-39	5	8:09
24	25:24.9	Weaver, DeAnne	53	F	Run F-3	Run F50-59	1	8:10
25	25:25.1	Baxter, Todd	50	M	Run M-22	Run M50-59	8	8:10
26	25:41.7	Grimes, Todd	46	M	Run M-23	Run M40-49	4	8:16
27	25:50.2	Carr, Beth	51	F	Run F-4	Run F50-59	2	8:18
28	25:50.9	Edwards, Michael	33	M	Run M-24	Run M30-39	6	8:19
29	26:25.7	Moisica, Jane	42	F	Run F-5	Run F40-49	1	8:30
30	26:30.3	Gamez, Magda	54	F	Run F-6	Run F50-59	3	8:31
31	27:00.3	Niewedde, Nicole	30	F	Run F-7	Run F30-39	1	8:41
32	27:25.8	Morgan, Robert	36	M	Run M-25	Run M30-39	7	8:49
33	27:26.6	Kirby, Jack	57	M	Run M-26	Run M50-59	9	8:49
34	27:30.3	Chamberlain, Pip	52	M	Run M-27	Run M50-59	10	8:51
35	27:32.2	Fears, Tim	48	M	Run M-28	Run M40-49	5	8:51
36	27:45.6	Vasquez, Rafael	28	M	Run M-29	Run M20-29	3	8:56
37	27:55.8	Akerson, Wayne	53	M	Run M-30	Run M50-59	11	8:59
38	28:11.7	Ryan, Anthony	29	M	Run M-31	Run M20-29	4	9:04
39	28:34.2	Stafferd, Andy	57	M	Run M-32	Run M50-59	12	9:11
40	28:40.0	Gallapoo, Wayne	49	M	Run M-33	Run M40-49	6	9:13
41	28:48.7	Kidwell, Ella	12	F	Run F-8	Run F12-14	2	9:16
42	29:06.9	Kelly, Sandra	49	F	Run F-9	Run F40-49	2	9:22
43	29:31.4	Diaz, Maria	49	F	Run F-10	Run F40-49	3	9:30
44	29:54.6	Smith, Judi	46	F	Run F-11	Run F40-49	4	9:37

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<b>Overall Results</b>								
Overall Place	Time	Name	Age	Gender	Event Finish	Age Group	Age Group Finish	Pace Per Mile
45	30:07.5	Eaton, Amy	23	F	Run F-12	Run F20-29	1	9:41
46	30:09.5	Mayes, Kim	42	F	Run F-13	Run F40-49	5	9:42
47	30:20.6	Stovall, Rusty	44	M	Run M-34	Run M40-49	7	9:45
48	30:24.1	Sluys, Dylan	10	M	Run M-35	Run M11 & Under	1	9:47
49	30:31.6	Clements, Damon	58	M	Walk M-1	Walk M50-59	Male 1st	9:49
50	30:34.7	Minett , Laura	28	F	Run F-14	Run F20-29	2	9:50
51	30:40.2	Waltz, Ben	32	M	Run M-36	Run M30-39	8	9:52
52	30:40.5	Seward, Zoe	10	F	Run F-15	Run F11 & Under	1	9:52
53	30:54.7	Jones, Casey	31	F	Run F-16	Run F30-39	2	9:56
54	31:09.4	Jones, Taylor	20	F	Run F-17	Run F20-29	3	10:01
55	31:09.9	Kovac, Katherine	27	F	Run F-18	Run F20-29	4	10:01
56	31:28.1	Sluys, Sydney	12	F	Run F-19	Run F12-14	3	10:07
57	31:29.0	Green, Pam	48	F	Run F-20	Run F40-49	6	10:08
58	31:42.6	Callon, Janet	55	F	Run F-21	Run F50-59	4	10:12
59	31:44.0	Bush, Phil	56	M	Run M-37	Run M50-59	13	10:12
60	31:56.8	Long, Cotie	26	F	Run F-22	Run F20-29	5	10:16
61	31:57.3	Ellis, Karen	30	F	Run F-23	Run F30-39	3	10:17
62	31:59.6	Carpenter, Andrea	37	F	Run F-24	Run F30-39	4	10:17
63	32:10.0	Williams, Danielle	28	F	Run F-25	Run F20-29	6	10:21
64	32:19.0	Milan, Jennifer	43	F	Run F-26	Run F40-49	7	10:24
65	32:25.6	Allen, Natalie	46	F	Run F-27	Run F40-49	8	10:26
66	32:49.6	Kinney, Virginia	33	F	Run F-28	Run F30-39	5	10:33
67	33:02.3	Edwards, Jessica	30	F	Run F-29	Run F30-39	6	10:38
68	33:17.5	Kern, Tom	49	M	Run M-38	Run M40-49	8	10:42
69	33:27.0	Rea, Tracy	43	F	Run F-30	Run F40-49	9	10:45
70	33:34.7	Blair, Mikey	36	M	Run M-39	Run M30-39	9	10:48
71	33:45.4	Franks, Karen	54	F	Run F-31	Run F50-59	5	10:51
72	33:57.7	Barnett, Bill	53	M	Run M-40	Run M50-59	14	10:55
73	34:05.2	DeMoss, Susan	57	F	Run F-32	Run F50-59	6	10:58
74	34:27.6	Proctor, Angus	8	M	Run M-41	Run M11 & Under	2	11:05
75	34:28.2	Proctor, Tim	44	M	Run M-42	Run M40-49	9	11:05
76	34:40.2	Fox, Jennifer	50	F	Run F-33	Run F50-59	7	11:09
77	35:16.5	Bacon, Michael	51	M	Run M-43	Run M50-59	15	11:21
78	35:47.4	Lee, Kelly	39	F	Run F-34	Run F30-39	7	11:31
79	36:02.1	McAlister, Jayme	61	F	Run F-35	Run F60-69	1	11:35
80	36:36.5	Beach, Kurtis	52	M	Run M-44	Run M50-59	16	11:46
81	36:38.6	Leffler, Barb	49	F	Run F-36	Run F40-49	10	11:47
82	36:39.2	Lock, Rick	56	M	Run M-45	Run M50-59	17	11:47
83	36:43.7	Boley, Lacey	26	F	Run F-37	Run F20-29	7	11:49
84	36:45.3	Riggen, Gracie	11	F	Run F-38	Run F11 & Under	2	11:49
85	36:59.7	Riggen, Lori	43	F	Run F-39	Run F40-49	11	11:54
86	37:03.5	Yacchari, Tammy	48	F	Run F-40	Run F40-49	12	11:55
87	37:13.7	Bishop, Donna	46	F	Run F-41	Run F40-49	13	11:58
88	38:35.6	Leach, Dan	57	M	Walk M-2	Walk M50-59	1	12:25

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## Overall Results

Overall Place	Time	Name	Age	Gender	Event Finish	Age Group	Age Group Finish	Pace Per Mile
89	38:52.4	Haney, Aaron	41	M	Run M-46	Run M40-49	10	12:30
90	39:03.1	Kritzer, Lori	38	F	Run F-42	Run F30-39	8	12:34
91	39:22.1	Geilker, Julie	39	F	Run F-43	Run F30-39	9	12:40
92	39:23.8	Sanders, Mindy	36	F	Run F-44	Run F30-39	10	12:40
93	39:29.3	Geary, Teresa	47	F	Run F-45	Run F40-49	14	12:42
94	39:37.9	Allee, Joanne	65	F	Walk F-1	Walk F60-69	Female 1st	12:45
95	39:40.3	Scrougham, Emily	22	F	Run F-46	Run F20-29	8	12:46
96	40:11.0	Harden, Darlene	57	F	Run F-48	Run F50-59	9	12:56
97	40:26.6	Fredericks, Sigmund	71	M	Run M-47	Run M70 & Over	1	13:01
98	41:47.6	Haney, Pamela	48	F	Run F-49	Run F40-49	15	13:27
99	42:05.7	Seward, Jaimie	43	F	Run F-50	Run F40-49	16	13:32
100	42:24.7	DeMoss, Larry	61	M	Walk M-3	Walk M60-69	1	13:39
101	42:59.7	Harper, Debra	59	F	Walk F-2	Walk F50-59	1	13:50
102	43:52.8	Bacon, Kathryn	50	F	Run F-51	Run F50-59	10	14:07
103	44:43.0	Scrougham, Karen	48	F	Walk F-3	Walk F40-49	1	14:23
104	45:45.7	Akerson, Alec	14	M	Walk M-4	Walk M12-14	1	14:43
105	46:17.8	Graf, Steve	71	M	Walk M-5	Walk M70 & Over	1	14:54
106	46:30.8	Love, Lori	44	F	Run F-52	Run F40-49	17	14:58
107	46:31.2	Fisher, Dana	43	F	Run F-53	Run F40-49	18	14:58
108	46:32.5	Pearson, Celeste	36	F	Walk F-4	Walk F30-39	1	14:58
109	46:44.8	St. Clair, Doreen	76	F	Walk F-5	Walk F70 & Over	1	15:02
110	47:45.8	Tryon, Mary	70	F	Walk F-6	Walk F70 & Over	2	15:22
111	47:46.4	O'Donnell, Susy	63	F	Walk F-7	Walk F60-69	1	15:22
112	47:57.8	Hall, Kimberly	47	F	Walk F-8	Walk F40-49	2	15:26
113	47:59.7	Hickey, Roger	56	M	Walk M-6	Walk M50-59	2	15:26
114	48:44.7	Akerson, Valarie	55	F	Walk F-9	Walk F50-59	2	15:41
115	49:14.6	Snider, Kelli	44	F	Run F-54	Run F40-49	19	15:50
116	49:24.7	Dougherty, Kay	72	F	Run F-55	Run F70 & Over	1	15:54
117	49:25.2	Wyman, Cheryl	44	F	Run F-56	Run F40-49	20	15:54
118	50:45.2	Brock, Amanda	37	F	Run F-57	Run F30-39	11	16:20
119	50:59.3	Hickey, JoNell	53	F	Walk F-10	Walk F50-59	3	16:24
120	51:16.9	Warford, Pam	55	F	Walk F-11	Walk F50-59	4	16:30
121	51:44.4	Kern, Linda	51	F	Walk F-12	Walk F50-59	5	16:39
122	53:15.8	Mcdonald, Kathy	48	F	Walk F-13	Walk F40-49	3	17:08
123	53:30.6	Tilk, Patrick	28	M	Walk M-7	Walk M20-29	1	17:13
124	53:35.6	Shaner, Lisa	50	F	Run F-58	Run F50-59	11	17:15
125	53:59.5	Campbell, Crystal	34	F	Walk F-14	Walk F30-39	2	17:22
126	56:27.4	Tilk, Amie	29	F	Walk F-15	Walk F20-29	1	18:10
127	58:31.5	Tharp, Misty	41	F	Walk F-16	Walk F40-49	4	18:50
128	58:32.5	Lair, Michelle	45	F	Walk F-17	Walk F40-49	5	18:50
129	61:27.8	Voland, Turner	20	M	Walk M-8	Walk M20-29	2	19:46
130	63:37.5	Goben, Brian	36	M	Walk M-9	Walk M30-39	1	20:28
131	64:18.1	Alvarez, Kevin	9	M	Walk M-10	Walk M11 & Under	1	20:41
132	64:27.3	Voland, Melanie	51	F	Walk F-18	Walk F50-59	6	20:44

**Dash for a Heart 5K**  
**Nashville, IN**  
**February 8, 2015**

**Overall Results**

<b>Overall Place</b>	<b>Time</b>	<b>Name</b>	<b>Age</b>	<b>Gender</b>	<b>Event Finish</b>	<b>Age Group</b>	<b>Age Group Finish</b>	<b>Pace Per Mile</b>
133	64:31.6	McPheeters, Nicole	20	F	Walk F-19	Walk F20-29	2	20:46
134	66:40.8	Goben, Chelsa	30	F	Walk F-20	Walk F30-39	3	21:27
135	67:03.9	Alvarez, Carol	55	F	Walk F-21	Walk F50-59	7	21:35
136	40:10.6	Baughman, Jennifer	59	F	Run F-47	Run F50-59	8	12:55