

Sprint with the Spirit 5K Run & Walk

Columbus, IN

August 28, 2010

Overall Results

| Overall Place | Time | Name | Age Group | Age Group Finish | Event Finish | Pace Per Mile |
|---------------|---------|---------------------|-----------------|------------------|--------------|---------------|
| 1 | 17:13.2 | Dunn, Frank | Run M40-49 | 1 | Run M-1 | 5:32 |
| 2 | 17:32.3 | Hercamp, Ryan | Run M20-29 | 1 | Run M-2 | 5:38 |
| 3 | 19:34.4 | Dominguez, Charly | Run M20-29 | 2 | Run M-3 | 6:18 |
| 4 | 19:45.0 | Siefring, Ryan | Run M20-29 | 3 | Run M-4 | 6:21 |
| 5 | 19:51.2 | Bushorn, Josh | Run M20-29 | 4 | Run M-5 | 6:23 |
| 6 | 20:11.3 | Ballard, Chase | Run M13 & Under | 1 | Run M-6 | 6:29 |
| 7 | 20:15.4 | Mcqueen, Chase | Run M13 & Under | 2 | Run M-7 | 6:31 |
| 8 | 20:56.8 | Zaborowski, Andrew | Run M30-39 | 1 | Run M-8 | 6:44 |
| 9 | 21:11.2 | Stewart, John | Run M40-49 | 2 | Run M-9 | 6:49 |
| 10 | 21:23.4 | Watts, Caitlin | Run F20-29 | 1 | Run F-1 | 6:53 |
| 11 | 21:27.4 | Package, Ian | Run M30-39 | 2 | Run M-10 | 6:54 |
| 12 | 21:55.8 | Meeks Johnson, Elia | Run M20-29 | 5 | Run M-11 | 7:03 |
| 13 | 21:57.4 | Wilson, Amy | Run F20-29 | 2 | Run F-2 | 7:04 |
| 14 | 22:05.2 | Hayden, John | Run M20-29 | 6 | Run M-12 | 7:06 |
| 15 | 22:44.4 | Carothers, Shelli | Run F30-39 | 1 | Run F-3 | 7:19 |
| 16 | 22:57.2 | Golding, Joe | Run M40-49 | 3 | Run M-13 | 7:23 |
| 17 | 22:58.8 | Glesing, David | Run M40-49 | 4 | Run M-14 | 7:23 |
| 18 | 22:59.9 | Wingham, Andy | Run M40-49 | 5 | Run M-15 | 7:24 |
| 19 | 23:12.5 | Scott, Tom | Run M40-49 | 6 | Run M-16 | 7:28 |
| 20 | 23:20.0 | Brinksneider, Julie | Run F20-29 | 3 | Run F-4 | 7:30 |
| 21 | 23:22.0 | Hornyak, Angel | Run F30-39 | 2 | Run F-5 | 7:31 |
| 22 | 23:26.3 | Golding Sr., Joe | Run M60 & Over | 1 | Run M-17 | 7:32 |
| 23 | 23:34.5 | Carr, Beth | Run F40-49 | 1 | Run F-6 | 7:35 |
| 24 | 23:39.6 | Golding, Nicole | Run F30-39 | 3 | Run F-7 | 7:36 |
| 25 | 24:02.5 | Akrami, Megan | Run F30-39 | 4 | Run F-8 | 7:44 |
| 26 | 24:03.0 | Schmelzer, Annie | Run F20-29 | 4 | Run F-9 | 7:44 |
| 27 | 24:03.6 | Meier, Scott | Run M30-39 | 3 | Run M-18 | 7:44 |
| 28 | 24:19.1 | Patbery, Sydney | Run F13 & Under | 1 | Run F-10 | 7:49 |
| 29 | 24:25.4 | Gauck, Dale | Run M60 & Over | 2 | Run M-19 | 7:51 |
| 30 | 24:43.8 | Wettschurack, Carol | Run F40-49 | 2 | Run F-11 | 7:57 |
| 31 | 25:04.1 | Varo, Richard | Run M50-59 | 1 | Run M-20 | 8:04 |
| 32 | 25:04.8 | Rice, Christine | Run F30-39 | 5 | Run F-12 | 8:04 |
| 33 | 25:10.1 | Glesing, Nicolas | Run M13 & Under | 3 | Run M-21 | 8:06 |
| 34 | 25:15.0 | Piraner, Ilya | Run M50-59 | 2 | Run M-22 | 8:07 |
| 35 | 25:20.0 | Allen, Greg | Run M40-49 | 7 | Run M-23 | 8:09 |
| 36 | 25:35.8 | Walters, Shane | Run M30-39 | 4 | Run M-24 | 8:14 |
| 37 | 25:44.8 | Bushhorn, Bethany | Run F20-29 | 5 | Run F-13 | 8:17 |
| 38 | 25:45.9 | Selking, Staci | Run F30-39 | 6 | Run F-14 | 8:17 |
| 39 | 25:52.2 | Selking, Chris | Run M30-39 | 5 | Run M-25 | 8:19 |
| 40 | 26:02.7 | Garner, Angie | Run F20-29 | 6 | Run F-15 | 8:22 |
| 41 | 26:03.7 | Niewedde, Nicole | Run F20-29 | 7 | Run F-16 | 8:23 |
| 42 | 26:17.0 | Fredericks, Casey | Run M60 & Over | 3 | Run M-26 | 8:27 |
| 43 | 26:17.8 | Hamblin, Jacob | Run M14-19 | 1 | Run M-27 | 8:27 |
| 44 | 26:33.6 | Brooks, Emy | Run F30-39 | 7 | Run F-17 | 8:32 |
| 45 | 26:54.3 | Bush, Phil | Run M50-59 | 3 | Run M-28 | 8:39 |

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| 46 | 27:04.8 | Singer, Brian | Run M40-49 | 8 | Run M-29 | 8:42 |
| 47 | 27:30.9 | Dietrich, David | Run M40-49 | 9 | Run M-30 | 8:51 |
| 48 | 27:35.9 | Schumacher, Jill | Run F40-49 | 3 | Run F-18 | 8:52 |
| 49 | 27:50.6 | Hollenkamp, Erick | Run M13 & Under | 4 | Run M-31 | 8:57 |
| 50 | 27:55.4 | Allen, Natalie | Run F40-49 | 4 | Run F-19 | 8:59 |
| 51 | 27:56.6 | Lax, Sierra | Run F13 & Under | 2 | Run F-20 | 8:59 |
| 52 | 27:57.2 | Horak, Anna | Run F13 & Under | 3 | Run F-21 | 8:59 |
| 53 | 28:00.3 | Woszczynski, Laura | Run F50-59 | 1 | Run F-22 | 9:00 |
| 54 | 28:08.2 | Agrew, Terry | Run F40-49 | 5 | Run F-23 | 9:03 |
| 55 | 28:09.6 | Basham, Joel | Run M30-39 | 6 | Run M-32 | 9:03 |
| 56 | 28:33.5 | Bouthier, Kirsten | Run F40-49 | 6 | Run F-24 | 9:11 |
| 57 | 28:39.2 | Bayer, Steve | Run M50-59 | 4 | Run M-33 | 9:13 |
| 58 | 28:39.9 | Horak, Shannon | Run F40-49 | 7 | Run F-25 | 9:13 |
| 59 | 29:41.1 | Littrell, Paige | Run F13 & Under | 4 | Run F-26 | 9:33 |
| 60 | 29:44.0 | Loy, Jeff | Run M20-29 | 7 | Run M-34 | 9:34 |
| 61 | 29:44.6 | Johnson, Brandy | Run F30-39 | 8 | Run F-27 | 9:34 |
| 62 | 29:47.2 | Downey, Jacob | Run M13 & Under | 5 | Run M-35 | 9:35 |
| 63 | 30:29.0 | Smith, Judi | Run F40-49 | 8 | Run F-28 | 9:48 |
| 64 | 30:34.5 | Lorenz, Lisa | Run F40-49 | 9 | Run F-29 | 9:50 |
| 65 | 30:50.5 | Guerra, Alberto | Run M40-49 | 10 | Run M-36 | 9:55 |
| 66 | 31:18.0 | Garner, Jesse | Run M20-29 | 8 | Run M-37 | 10:04 |
| 67 | 31:27.7 | Erickson, Susan | Run F40-49 | 10 | Run F-30 | 10:07 |
| 68 | 31:32.5 | Bense, Brooke | Run F20-29 | 8 | Run F-31 | 10:09 |
| 69 | 31:58.3 | Diggs, Tammy | Run F40-49 | 11 | Run F-32 | 10:17 |
| 70 | 32:08.6 | Singer, Suzie | Run F40-49 | 12 | Run F-33 | 10:20 |
| 71 | 32:09.3 | Littrell, Kim | Run F40-49 | 13 | Run F-34 | 10:20 |
| 72 | 32:19.0 | Boerger, Amy | Run F40-49 | 14 | Run F-35 | 10:24 |
| 73 | 32:19.7 | Chasse, Laura | Run F40-49 | 15 | Run F-36 | 10:24 |
| 74 | 32:44.2 | Campbell-Hall, Crystal | Run F20-29 | 9 | Run F-37 | 10:32 |
| 75 | 32:52.4 | Spalding, Abel | Run F13 & Under | 5 | Run F-38 | 10:34 |
| 76 | 32:53.1 | Spalding, Brian | Run M40-49 | 11 | Run M-38 | 10:35 |
| 77 | 32:54.8 | Downey, Mckenna | Run F13 & Under | 6 | Run F-39 | 10:35 |
| 78 | 32:57.7 | Stevens, Ariana | Run F30-39 | 9 | Run F-40 | 10:36 |
| 79 | 33:39.0 | Mcneer, Audra | Run F30-39 | 10 | Run F-41 | 10:49 |
| 80 | 33:46.3 | Wetschurack, Nathan | Run M13 & Under | 6 | Run M-39 | 10:52 |
| 81 | 33:46.9 | Wetschurack, Darin | Run M30-39 | 7 | Run M-40 | 10:52 |
| 82 | 33:48.0 | David, Nathan | Run M13 & Under | 7 | Run M-41 | 10:52 |
| 83 | 34:15.1 | Hollenkamp, Caroline | Run F13 & Under | 7 | Run F-42 | 11:01 |
| 84 | 34:15.8 | Hollenkamp, Nick | Run M40-49 | 12 | Run M-42 | 11:01 |
| 85 | 34:41.9 | Alley, Savannah | Run F20-29 | 10 | Run F-43 | 11:10 |
| 86 | 35:03.5 | Biedler, Rebecca | Run F20-29 | 11 | Run F-44 | 11:17 |
| 87 | 35:24.3 | Park, Trish | Run F50-59 | 2 | Run F-45 | 11:23 |
| 88 | 35:30.6 | Riggio, Andrea | Run F40-49 | 16 | Run F-46 | 11:25 |
| 89 | 36:01.0 | Ricketts, Suzi | Run F40-49 | 17 | Run F-47 | 11:35 |
| 90 | 36:05.9 | Wingham, Mackenzie | Run F20-29 | 12 | Run F-48 | 11:37 |

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|---------------|---------|--------------------------|-----------------|------------------|--------------|---------------|
| 91 | 36:18.3 | Yonushonis, Celeste | Run F50-59 | 3 | Run F-49 | 11:41 |
| 92 | 36:27.7 | Lane, Valerie | Run F20-29 | 13 | Run F-50 | 11:44 |
| 93 | 36:32.0 | Glover, Andy | Run M30-39 | 8 | Run M-43 | 11:45 |
| 94 | 36:32.5 | Glover, Jill | Run F20-29 | 14 | Run F-51 | 11:45 |
| 95 | 36:57.9 | Sturgell, Paul | Walk M60 & Over | 1 | Walk M-1 | 11:53 |
| 96 | 37:42.2 | Gross, Jim | Walk M60 & Over | 2 | Walk M-2 | 12:08 |
| 97 | 38:46.3 | Kumar Varanasi, Anil | Run M20-29 | 9 | Run M-44 | 12:28 |
| 98 | 38:57.8 | Lanham, Brandi | Run F30-39 | 11 | Run F-52 | 12:32 |
| 99 | 39:53.8 | Snyder, Susie | Walk F50-59 | 1 | Walk F-1 | 12:50 |
| 100 | 39:54.4 | Snyder, Larry | Walk M50-59 | 1 | Walk M-3 | 12:50 |
| 101 | 40:08.0 | Koopman, Leesa | Run F50-59 | 4 | Run F-53 | 12:55 |
| 102 | 40:39.0 | Michel, Luz | Walk F30-39 | 1 | Walk F-2 | 13:05 |
| 103 | 41:49.3 | Peters, Kathy | Walk F50-59 | 2 | Walk F-3 | 13:27 |
| 104 | 41:50.0 | Dietrich, Julie | Walk F40-49 | 1 | Walk F-4 | 13:27 |
| 105 | 41:58.5 | Arumugham, Saravanakumar | Run M20-29 | 10 | Run M-45 | 13:30 |
| 106 | 42:40.6 | Brandmayr, Candace | Run F40-49 | 18 | Run F-54 | 13:44 |
| 107 | 43:11.1 | Wright, Lori | Run F50-59 | 5 | Run F-55 | 13:53 |
| 108 | 43:51.2 | Howe, Amanda | Walk F30-39 | 2 | Walk F-5 | 14:06 |
| 109 | 46:42.5 | Welmer, Luann | Walk F50-59 | 3 | Walk F-6 | 15:02 |
| 110 | 46:43.0 | Sullivan, Brenda | Walk F50-59 | 4 | Walk F-7 | 15:02 |
| 111 | 46:49.1 | Package, Kim | Walk F20-29 | 1 | Walk F-8 | 15:04 |
| 112 | 46:49.8 | Donner, Natalie | Walk F30-39 | 3 | Walk F-9 | 15:04 |
| 113 | 48:05.4 | Mace-Sublette, Janet | Walk F50-59 | 5 | Walk F-10 | 15:28 |
| 114 | 48:06.0 | Lawrence, Kim | Walk M50-59 | 2 | Walk M-4 | 15:28 |
| 115 | 49:59.9 | Grimes, Bruce | Walk M50-59 | 3 | Walk M-5 | 16:05 |
| 116 | 50:00.5 | Cox, Kathy | Walk F50-59 | 6 | Walk F-11 | 16:05 |
| 117 | 50:20.1 | Wever, Sarah | Run F14-19 | 1 | Run F-56 | 16:12 |
| 118 | 51:33.2 | Trueblood, Jessica | Walk F30-39 | 4 | Walk F-12 | 16:35 |
| 119 | 51:34.4 | Cline, Lisa | Walk F50-59 | 7 | Walk F-13 | 16:35 |
| 120 | 56:38.6 | Kochert, Rhonda | Walk F30-39 | 5 | Walk F-14 | 18:13 |
| 121 | 56:58.0 | Hadley, Shelly | Walk F40-49 | 2 | Walk F-15 | 18:20 |
| 122 | 58:47.7 | Spalding, Hope | Walk F14-19 | 1 | Walk F-16 | 18:55 |
| 123 | 58:49.3 | Spalding, Denise | Walk F40-49 | 3 | Walk F-17 | 18:55 |
| 124 | 61:11.7 | Sollenberger, Karen | Walk F50-59 | 8 | Walk F-18 | 19:41 |