

<u>Sprint with the Spirit 5K</u>			
<u>Columbus, IN</u>			
<u>October 10, 2009</u>			
<u>Male 5K Run</u>			
<u>12 & Under</u>			
No participant in Age Group			
<u>13 to 15</u>			
1	Paul Baker	19:58	
2	Elliott Welmer	22:03	
<u>16 to 19</u>			
No participant in Age Group			
<u>20 to 29</u>			
1	Andrew Bunton	18:09	Overall Male 5K Run Winner
2	Zach MacTavish	26:46	
<u>30 to 39</u>			
1	Tim Proctor	20:03	
2	Jamie Griffin	24:51	
3	Marty Abfall	27:50	
4	Chris Selking	28:09	
5	Scott Sasse	30:41	
6	Gerry Abraham	31:34	
<u>40 to 49</u>			
1	Andy Pajakowski	19:57	
2	Ed Benedict	20:28	
3	John Stewart	20:41	
4	Scott Thompson	21:05	
5	Andy Wingham	21:18	
6	Gene Wise	26:25	
7	Michael Volland	28:55	
8	Dave Gastineau	31:13	
9	Fred McAllister	33:42	
<u>50 to 59</u>			
1	Rick Williams	22:04	
2	Phil Bush	29:00	
<u>60 to 69</u>			
No participant in Age Group			
<u>70 & Over</u>			
No participant in Age Group			

<u>Sprint with the Spirit 5K</u>			
<u>Columbus, IN</u>			
<u>October 10, 2009</u>			
<u>Female 5K Run</u>			
<u>12 & Under</u>			
1	Megan Harrison	26:16	
<u>13 to 15</u>			
No participant in Age Group			
<u>16 to 19</u>			
1	MacKenzie Ahlbrand	30:07	
2	Amanda Melton	32:51	
<u>20 to 29</u>			
1	Tonya Allen	31:37	
2	Lacey Voland	34:15	
3	Mackenzie Wingham	40:41	
<u>30 to 39</u>			
1	Shelli Carothers	20:47	Overall Female 5K Run Winner
2	Staci Selking	27:36	
3	Mandy Baker	27:49	
4	Emy Brooks	29:19	
5	Abby Hoene	29:20	
6	Carol Wettschurack	32:31	
7	Mandi Sasse	34:56	
8	Kristin Griffin	34:57	
9	Clare Proctor	36:31	
<u>40 to 49</u>			
1	Lisa Lorenz	32:15	
<u>50 to 59</u>			
1	Leslie Fix	20:59	
<u>60 to 69</u>			
1	Carolyn Puckett	33:22	
<u>70 & Over</u>			
No participant in Age Group			

<u>Sprint with the Spirit 5K</u>			
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<u>October 10, 2009</u>			
<u>Male 5K Walk</u>			
<u>12 & Under</u>			
1	Wyatt Koopman	36:00	
<u>13 to 15</u>			
No participant in Age Group			
<u>16 to 19</u>			
No participant in Age Group			
<u>20 to 29</u>			
No participant in Age Group			
<u>30 to 39</u>			
No participant in Age Group			
<u>40 to 49</u>			
1	Brent Peters	41:01	
2	Dale Guse	52:45	
<u>50 to 59</u>			
1	Russell Fox	34:01	Overall Male 5K Walk Winner
<u>60 to 69</u>			
1	Jim Puckett	54:02	
2	Michael Oblack	54:03	
<u>70 & Over</u>			
No participant in Age Group			

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<u>October 10, 2009</u>			
<u>Female 5K Walk</u>			
<u>12 & Under</u>			
No participant in Age Group			
<u>13 to 15</u>			
1	Anna Guse	52:43	
<u>16 to 19</u>			
No participant in Age Group			
<u>20 to 29</u>			
1	Heather Bush	53:49	
2	Stephanie Wolff	53:50	
<u>30 to 39</u>			
1	Staci Schiefer	53:48	
2	Debra Gayman	53:58	
<u>40 to 49</u>			
1	Leesa Koopman	46:39	
2	Linda Guse	52:41	
3	Cheryl Thompson	54:35	
<u>50 to 59</u>			
1	Susie Snyder	46:25	
2	Kathy Peters	46:26	
3	Anna Rust	50:07	
4	Karen Sollenberger	57:47	
<u>60 to 69</u>			
1	Sandy Etnyre	44:24	Overall Female 5K Walk Winner
<u>70 & Over</u>			
No participant in Age Group			